



# Awakening to the Truth of your Divine Self

An American Monk, trained in the Far East  
**Steven Hairfield, Ph.D.**  
leads a 3 day retreat in the  
Stillorgan Park Hotel, Dublin, Ireland  
Friday 24th June - Sunday 26th June 2011

## Schedule of Events

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### Day One

7:00am - 8:00am - Yoga with Karen Hairfield (Optional)  
9:30am - 10:00am - Introduction and Overview  
10:15am - 12:00pm - What really is the human  
12:00pm - 1:30 - Lunch  
1:30pm - 3:00pm - The Power of Thought  
3:15pm - 4:30pm - The Art of Manifesting  
4:30 pm - Q&A

12:00pm - 1:30pm - Lunch  
1:30pm - 3:00pm - Awareness  
3:15pm - 4:30pm - Meditation and the  
Science of Breath  
4:30 pm - Q&A

### Day Two

7:00am - 8:00am - Yoga with Karen Hairfield (Optional)  
9:30am - 10:30am - You are Perfect there\  
is nothing you can do about it!  
11:00am - 12:00pm - The Greatest Stumbling  
Block - Judgment

### Day Three

7:00am - 8:00am - Yoga with Karen Hairfield (Optional)  
9:30am - 10:30am - The Truth of Who You Are  
10:45pm - 12:00pm - Awakening to the Divine Within  
12:00pm - 1:30pm - Lunch  
1:30pm - 3:00pm - Living as the Divine and closing  
4:30 pm - Q&A

Retreat cost is €195 before 21st May 2011 or €250 thereafter.  
Please pay initial deposit of €75, made payable by cheque or postal order  
to emeraldmonk101, and send with application  
to 34 The Village, Stepside, Dublin, Ireland.

Balance of payment will be due on Day 1 of retreat. Early booking is advised.

Contact: Ken Lee on +353 1 445 5786 or +353 85 816 34 55 or email: emeraldmonk101@gmail.com

Short Biography

## Steven L. Hairfield

[www.hairfield.com](http://www.hairfield.com)

After being raised in a very dysfunctional family Steven entered the U.S. Army and found himself in Vietnam for two tours of duty. While there he met his first teachers, Zen Buddhist Monks where he learned of intuitive insight. He began to learn their teachings and traditions and spent as much time with them as the military would allow. Upon returning to the U.S. he earned his undergrad degree in the field of psychology and upon graduation found himself with an urge to travel to India. Upon his arrival in India he began the journey of his life after encountering two Tibetan monks who invited him to come and learn in Northern India where he spent six years studying the Mahayana Tibetan Buddhist path. While there he had the opportunity to not only study in India but also in Nepal and twice into Tibet and had

many experiences that could be termed as mystical connecting with all of his past lives. Steven is a certified intuitive by the Edgar Cayce Foundation known as the A.R.E. Association for Research and Enlightenment and they only select 200 people for a seven year service. He has been interviewed by Coast to Coast, Conscious Media network, Supreme Master T.V. which was aired in 43 different countries and is featured in the documentary 'Metaphysia 2012' because of his knowledge of the Maya and the mystical date of Dec. 21, 2012. He is the author of 'A Metaphysical Interpretation of the Bible' and 'The Twelve Sacred Principles of Karma'. He also has many downloads available like 'The Art of Manifesting a Monk's Perspective', 'The Power of Thought'. He has since received a Masters in Religion and Theology and a Ph.D. in Metaphysics.

“The path of life is one of truth,  
a journey through the heart”

*Steven Hairfield*